

### PRINCIPAL@HENRYBAKERCOLLEGE.EDU.IN HENRY BAKER COLLEGE MELUKAVU

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2018-19

## Department of Physical Education

# ACADEMIC YEAR

## FROM DARKNESS INTO MARVELLOUS LIGHT

Henry Baker College, Melukavu Is a Christian, Minority, Co-Educational, Governmentaided Arts and Science College Established In 1981, affiliated to Mahatma Gandhi University, Kottayam, Kerala.

### HENRY BAKER COLLEGE MELUKAVU DEPARTMENT OF PHYSICAL EDUCATION ANNUAL SPORTS MEET 2018-2019

The much awaited annual sports day was held on Friday 19<sup>th</sup> Feb 2019with great zeal, excitement and vigour and in a frolicsome atmosphere. The programme began with the principal Dr. Gireesh Kumar G.S. welcoming the esteemed gathering and emphasized on the importance of sports in a student's life. The chief guest, Mr Biju Kuzhimulil (Indian wrestling coach), and our principal, took the salute of the impressive march past of our students.

The students entered into the spirit of the occasion in a grand way with the oath being administered by the sports captain. An energizing equestrian display set the tone for the rest the tone for the rest of the event. Once the races began, the air was filled with cheering and tons of encouragement for the young athletes.

Sports are essential for achieving the true education, Mahatma Gandhi, the father of our nation, was of the opinion that true education meant harmonious development of three organs of man via; body, mind and soul. If anyone of these neglected then certainly the purpose of education is forfeited.

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